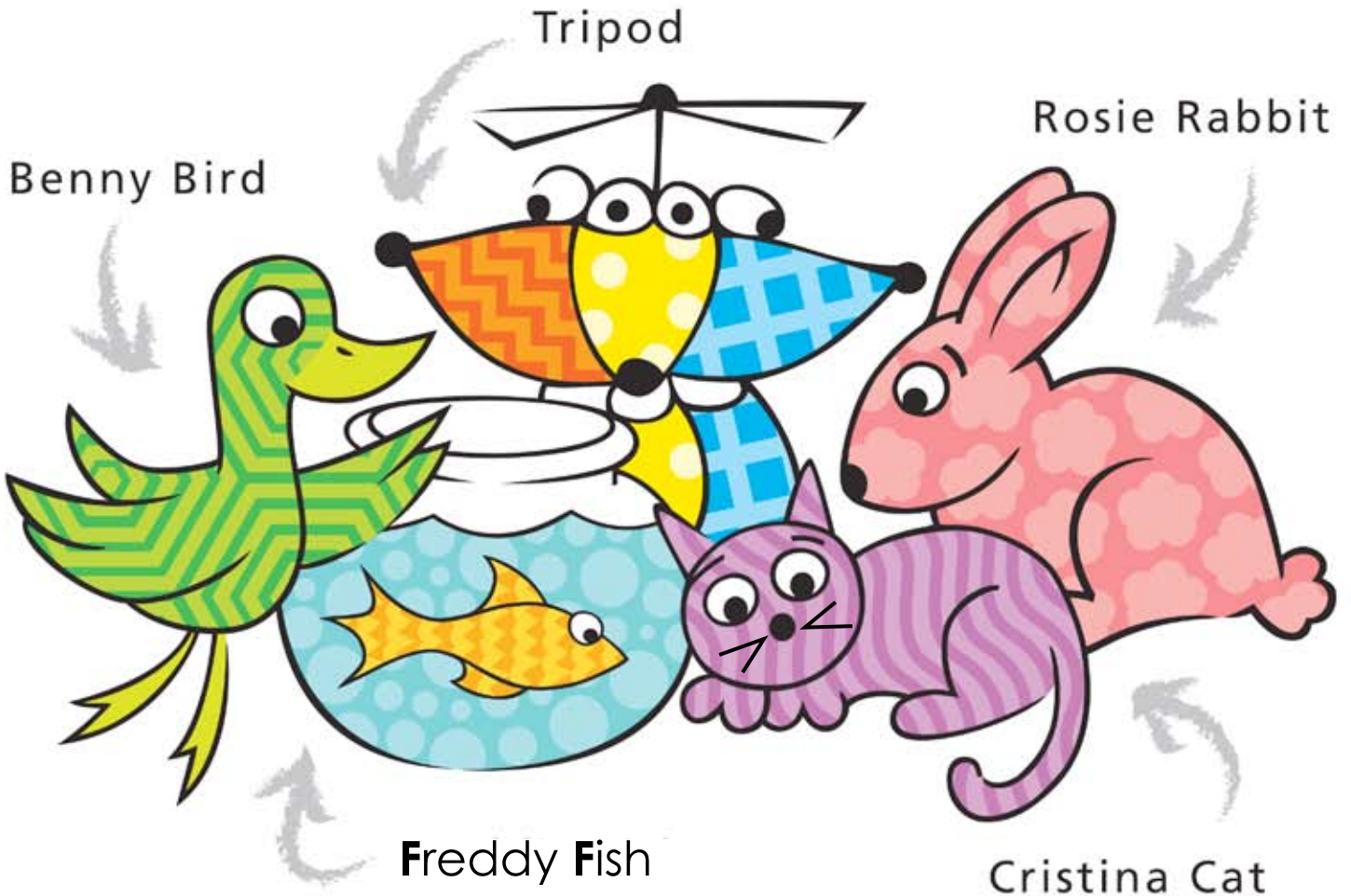


# TRIPOD'S MESSAGE



Meningitis Education Awareness  
from the National Meningitis Association  
[www.nmaus.org](http://www.nmaus.org)



*Hi! My name is Tripod!  
I'm here to tell you how to  
stay healthy!*

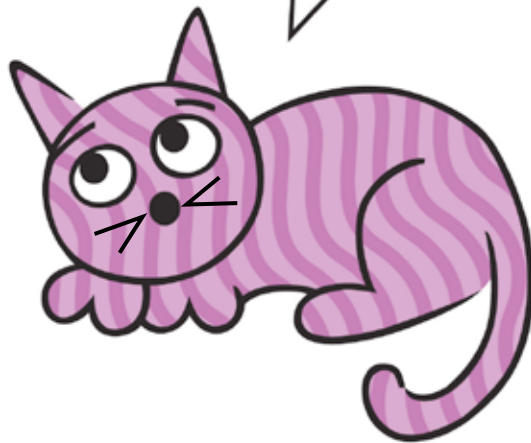


*Oh, that's important!  
Tell me!*

*Okay! ABC ...123,  
A shot for you, and a shot  
for me.*



*What kind of shot?  
My whiskers want to know!*



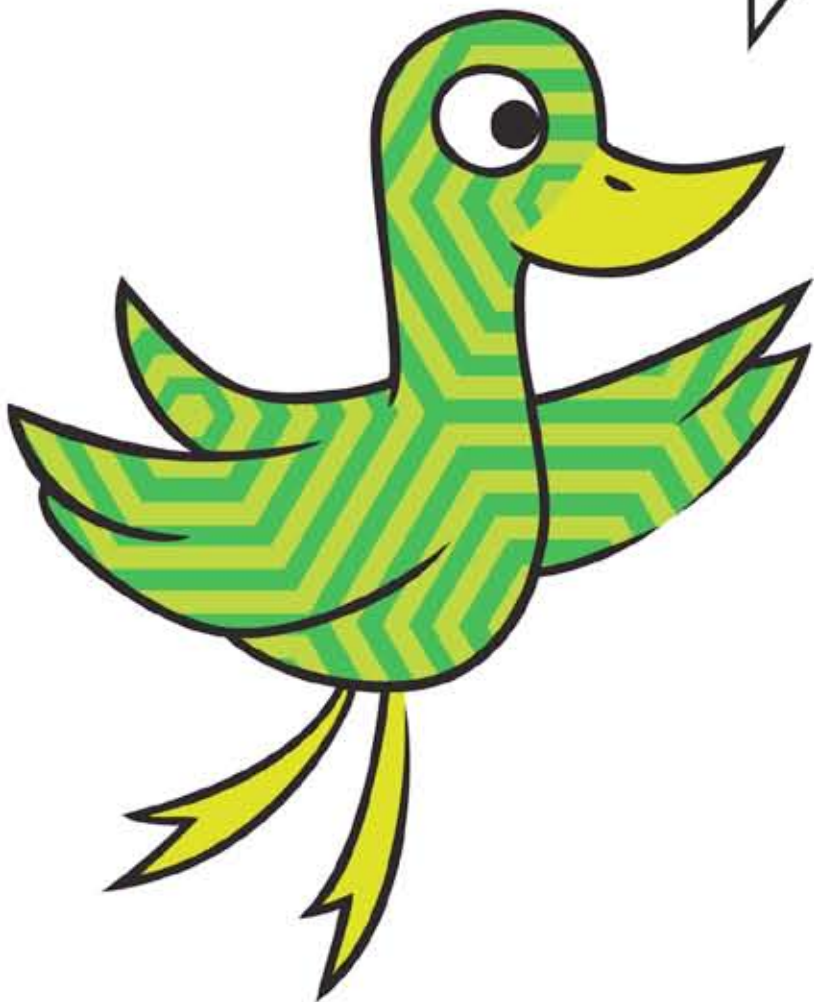
*It's a meningitis shot.  
So you won't get sick!  
Meningitis happens very  
quick!*

*Tell your mom,  
tell your dad.*

*Because meningitis  
can be so bad.*



*Oh, I don't want anything bad.  
What happens?*



*Your head hurts, your fever's high.  
It can even make you cry.*

*You've got a bad feeling  
in your tummy.*

*You just feel  
really crummy!*



*Oh, I'm just going to hop over to the doctor today!  
What else can we do so we won't get meningitis?*



*Don't cough on your friend,  
Don't sneeze in the wind.*



*Now you've got it!*



*Watch what you eat.  
Get plenty of sleep.*



*Wash your hands a lot.  
And go get your shot!!*



*Tell others what you've learned.*

*Spread the word.*

*Be concerned.*



*Being healthy is the theme,  
Come on and join Tripod's Team.*

